## Older People and People with Long Term Conditions Partnership Board – Action Planning- ANNEX B

## Actions for 'Making York a Great Place for Older to Live' from the Health and Wellbeing Strategy:

ID	Action	Target date	Lead	Progress/ update			
Pre	Prevent admissions to hospital						
Support people to live independently							
1	Set up Neighbourhood Care Teams across the City						
	and explore other options which support people in their						
	transition from hospital to home.						
2	Provide weekly cross-sector case reviews for patients						
	who have been in hospital over 100 days (Or other						
	appropriate threshold)						
Add	Address loneliness and social isolation						
3	Work together to understand the factors that contribute						
	to loneliness and what communities and organisations						
	can do to alleviate this.						
4	Encourage investment in services which support older						
	people who are isolated to participate in the social						
	groups or community activities that are available in						
	York.						
Encourage physical activity							
5	Explore how a single social prescribing programme						
	which recommends exercise, social activity or						
	volunteering can be established city-wide.						

Pre	Prepare for an increase in dementia						
6	Deliver a joint communication campaign across						
	organisations on the Health and Wellbeing Board						
	focused on how to spot the early signs of dementia,						
	how to respond and what support is available and						
	developing as part of becoming a 'Dementia Friendly						
	City'.						
7	Undertake a review of the use of medication and how it						
	is assessed in residential and nursing care, especially						
	psychotropic drugs and medication for people with						
	dementia.						
Oth	Other actions to 'Make York a great place for older people to live'						
8	Develop an end of life policy across health and						
	wellbeing partners, mapping current processes and re-						
	commissioning.						
9	Encourage care sectors to adopt the living wage and						
	set timescales to reflect this in how we commission						
	contracts.						
10	Support the implementation of the Adult Care						
	Workforce Strategy (2012-2015) across care sectors						
	for paid staff which supports joint workforce						
	development initiatives.						
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## 1. Performance measures:

The Older People and People with Long Term Conditions Partnership Board will report to health and wellbeing board on the following measures, taken from the draft scorecard within the Health and Wellbeing Strategy.

Performance measures	Baseline	Change -/+	Comment
Unplanned hospitalisation for chronic ambulatory care			
sensitive conditions (adults)			
Emergency readmissions within 30 days of discharge			
from hospital			
Improving recovery from stroke			
People who have had a stroke who:			
- are admitted to an acute stroke unit within four			
hours of arrival to hospital			
- receive thrombolysis following an acute stroke			
<ul> <li>are discharged from hospital with a joint health and social care plan</li> </ul>			
receive a follow up assessment between 4-8 months			
after initial admission			

The Partnership Board may wish to develop their own performance framework, drawing on the national outcomes frameworks, which covers their wider remit.

